

UNITED ACTS OF KINDNESS WEEK

IDEAS FOR KIDS & FAMILIES



- GIVE HUGS TO PEOPLE YOU CARE ABOUT
- TAPE NEW BAGS OF MICROWAVE POPCORN TO A REDBOX RENTAL MACHINE
- MAIL A FAMILY MEMBER A CARD
- GET EXTRA SUPPLIES FOR YOUR TEACHER AT SCHOOL
- TELL SOMEONE HOW MUCH THEY ROCK AND WHY
- WRITE A NOTE TO YOUR MAIL CARRIER DRAW A PICTURE FOR A FAMILY MEMBER OR FRIEND
- MAKE SOMEONE ELSE'S BED
- HOLD THE DOOR OPEN FOR SOMEONE AND SMILE
- BE A COMPLIMENT MACHINE AND COMPLIMENT 5 PEOPLE
- VOLUNTEER AT YOUR SCHOOL, CHURCH OR LOCAL FOOD SHELF
- INTRODUCE YOURSELF TO SOMEONE NEW
- DO YOUR CHORES AND OFFER TO HELP WITH SOMEONE ELSE'S

GIVE. ADVOCATE. VOLUNTEER.
LIVE UNITED.

